**Matthew C. Fullen, Ph.D., M.Div., LPCC**

Curriculum Vitae

Assistant Professor at Virginia Polytechnic Institute and State University

Licensed Professional Clinical Counselor (OH)

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**EDUCATION:**

2016 PhD Counselor Education and Supervision The Ohio State University

2015 Interdisciplinary Specialization in Aging The Ohio State University

2013 MDiv Concentration in Counseling Ashland Theological Seminary

2010 MA Clinical Counseling Ashland Theological Seminary

2005 BA Psychology, Religion, & Political Science Northwestern University

**Professional Licensure:**

Licensed Professional Clinical Counselor (LPCC) (OH), # E.0900050

**CURRENT POSITION:**

**Virginia Tech (CACREP-accredited) Aug 2017-Present**

Blacksburg, VA

***Assistant Professor of Counselor Education***

***Affiliate Faculty, Virginia Tech Center for Gerontology***

**HONORS & AWARDS:**

2019 Awarded *Innovative Research on Aging Award* (Bronze Award) by Mather Lifeways Institute on Aging.

2018 Awarded *Innovative Research on Aging Award* (Bronze Award) by Mather Lifeways Institute on Aging.

2018 Awarded the *Advocacy in Adult Development and Aging Award* by the Association for Adult Development and Aging, a division of the American Counseling Association.

2017 Awarded the *President’s Service Award* by the Association for Adult Development and Aging, a division of the American Counseling Association.

2016 Awarded the *Outstanding Adultspan Journal Article Award* by the Association for Adult Development and Aging, a division of the American Counseling Association.

2016 Awarded the *Advocacy in Adult Development and Aging Award* by the Association for Adult Development and Aging, a division of the American Counseling Association.

2016 Awarded the Dr. Jerome Kaplan Award for “Best Graduate Paper” at the Ohio Association of Gerontology and Education (OAGE) conference.

2015 Selected as *Doctoral Student of the Year* by the Ohio Association of Counselor Education and Supervision.

2015 Selected as *Clinical Mental Health Doctoral Student of the Year* by The Ohio State University Counselor Education department

2014 Awarded the Dr. Jerome Kaplan Award for “Best Graduate Paper” at the Ohio Association of Gerontology and Education (OAGE) conference.

**RESEARCH & PUBLICATIONS**

**Publications (In Print or In Press)**

*Peer-Reviewed* (*N* = 11; First author = 10)

\*Denotes student co-author Underline indicates data-driven article

11.Shannonhouse, L.R.,Erford, B., Gibson, D., O’Hara, C., & **Fullen, M.C.** (in press). Psychometric synthesis and review of the Five Factor Wellness Inventory. *Journal of Counseling and Development*.

10. **Fullen, M.C.**, Gorby, S., Chan, C., Dobmeier, R., & \*Jordan, J. (2019). The current state of gerontological counseling research: A 26-year content analysis. *Journal of Counseling and Development*, *97* (3).

9. **Fullen, M.C.** (2019). Defining wellness in older adulthood: Toward a comprehensive framework. *Journal of Counseling and Development, 97* (1), 62-74.

*\*This manuscript was awarded 2019 Innovative Research on Aging Award (Bronze) by Mather Lifeways Institute on Aging.*

8. **Fullen, M.C.**, Granello, D.H., Richardson, V.E., & Granello, P.F. (2018). Using wellness and resilience to predict age perception in older adulthood. *Journal of Counseling and Development, 96* (3), 424-435.

7. **Fullen, M.C.**, Richardson, V.E., & Granello, D.H. (2018). Comparing successful aging, resilience, and holistic wellness as predictors of the good life. *Educational Gerontology*, *44*(7), 459-468.

6. **Fullen, M.C.** (2018). Ageism and the counseling profession: Causes, consequences, and methods for counteraction. *The Professional Counselor*, *8*(2), 104-114.

5. **Fullen, M.C.**, & Granello, D.H. (2018). Holistic wellness in older adulthood: Group differences based on age and mental health. *Journal of Holistic Nursing*, *36*(4), 395-407.

*\*This manuscript was awarded 2018 Innovative Research on Aging Award (Bronze) by Mather Lifeways Institute on Aging.*

4. **Fullen, M.C.**, & Gorby, S.R. (2016). Reframing resilience: Pilot evaluation of a program to promote resilience in marginalized older adults. *Educational Gerontology*, *42* (9), 660-671 *\*This manuscript was awarded the 2016 Dr. Jerome Kaplan for Best Graduate Student Paper by the Ohio Association for Gerontology and Education.*

3. **Fullen, M.C.** (2016). Counseling for wellness with older adults. *Adultspan Journal, 15* (2), 109-123. *\*This manuscript was awarded the 2014 Dr. Jerome Kaplan for Best Graduate Student Paper by the Ohio Association for Gerontology and Education.*

2. **Fullen, M.C.** (2016). Mobilizing the community to prevent older adult suicide. *Illness, Crisis & Loss*, *24* (3), 155-169.

1. **Fullen, M.C.** (2016). Medicare advocacy for the counselor-advocate. *Adultspan Journal, 15* (1), 3-12. *\*This manuscript was named the 2016 Outstanding Adultspan Journal Article by the Association for Adult Development and Aging, a division of the American Counseling Association.*

**Manuscripts under review/in preparation (N = 12)**

\*Denotes student co-author Underline indicates data-driven article

**Fullen, M.C.**, Lawson, G., & \*Sharma, J. Medicare reimbursement for counselors: The role of counselor education in promoting advocacy engagement. Submitted to *Counselor Education and Supervision.*

**Fullen, M.C.**, Lawson, G., & \*Sharma, J. Analyzing the impact of the Medicare coverage gap on counseling professionals: Results of a national study. Submitted to *Journal of Counseling & Development.*

**Fullen, M.C.**, \*Wiley, J.D., & \*Morgan, A.A. (Under review). “Medicare is the last holdout”: Counseling access barriers among the Medicare-insured. Submitted to *The Professional Counselor*

\*Wiley, J.D., **Fullen, M.C.**, & \*Morgan, A.A. “Bearing the Burden”: Exploring the implications of licensed mental health professionals' exclusion from Medicare on rural mental health disparities. Submitted to *Journal of Rural Mental Health*.

\*Morgan, A.A., **Fullen, M.C.**, & \*Wiley, J.D. “It Feels Like Handcuffs”: Mental health

providers’ capacity to treat Medicare beneficiaries. Submitted to *Journal of Mental Health Counseling*.

**Fullen, M.C.**, \*Jordan, J., Lawson, G., \*Sharma, J, & \*Wiley, J.D. “It's the most under-served people who bear the brunt of this policy”: How Current Medicare Policy Impacts the Medicare-Insured. Submitted to *Journal of Counselor Leadership and Advocacy*.

**Fullen, M.C.**, \*Wiley, J.D.,Lawson, G., \*Jordan, J., & \*Sharma, J, Medicare advocacy: What is the impact of Medicare policy on profession? Submitted to *Adultspan Journal.*

**Fullen, M.C.**, \*Westcott, J., \*Williams, J., Lawson, G., & \*Sharma, J. Mental Health Policy across the Life Span: Results of the Medicare Knowledge Quiz.

**Fullen, M.C.**, \*Sharma, J, & \*Jordan, J. Baseline attitudes on mental health and help-seeking among continuing care retirement community residents: An interpretive phenomenological analysis.

**Fullen, M.C.**, Richardson, V.E., & Granello, D.H. Test order effects when using the Image of Aging Scale.

**Invited Publications**

**Fullen, M.C.** (2017). Making an investment in aging well. *Counseling Today*, August 2017.

**Fullen, M.C.** (2016). Have you gone gray? Making the case for gerocounseling. *Counseling Today*, June 2016.

**Dissertation**

“Gray Hair is a Crown of Glory: A Multivariate Analysis of Wellness, Resilience, and Internalized Ageism in Older Adulthood.” Committee Chair: Dr. Darcy Haag Granello. Additional Committee Members: Dr. Paul F. Granello, Dr. Virginia E. Richardson.

**INVITED KEYNOTES, WORKSHOPS, TRAININGS, AND PANEL PRESENTATIONS (N=19)**

2019 *Medicare Reimbursement for Counselors: Congressional Briefing*

* American Counseling Association Institute for Leadership Training, Washington D.C., July 17 (Featured speaker, 0.5 hours)

2019 *Medicare Reimbursement for Counselors: Results of a National Study* with Lawson, G.

* American Counseling Association, New Orleans, LA, March 30 (Featured speaker, 1.5 hours)

2019 *Cultivating Resilience Across the Life Span: Lessons Learned from Research on Resilient Aging/Aging Well: Whole Person Wellness as the Future of Active Aging*

* Capital University Active Aging Older But Bolder Symposium, Columbus, OH, March 25 (**Keynote**, 2 hours)

2019 *"Confusing," "Frustrating," "Heartbreaking": The Effects of Medicare Policy on Clients, Counselors, and Communities*

* Counselors for Social Justice/Association for Adult Development and Aging Co-Sponsored Continuing Education Webinar, March 4 (**Featured speaker**, 1 hour)

2019 *Medicare Coverage Gap: Implications for the Counseling Profession,* with Lawson, G.

* American Counseling Association Executive Team, Arlington, VA, February 1 (Special report, 1.5 hours)

2018 *The “Graying” of America and Its Impact on Working with Families*

* Roanoke Area Counselors Association (ROACA) Fall Breakfast, Roanoke, VA, October 5 (**Keynote**, 2 hours)

2018 *Wellness Across the Life Span: Preparing for Your Future Self*

* Virginia Tech Eldercare Symposium, Virginia Tech Hokie Wellnes/Warm Hearth Village, Blacksburg, VA, May 23 (**Featured speaker**, 1 hour)

2018 *Wellness Across the Life Span*

* Wellness Workshop, Virginia Tech Chi Sigma Iota chapter, Roanoke, VA, March 30, (**Featured speaker**, 0.75 hours)

2018 *Promoting Mental Health and Wellness in Later Life*

* American Counseling Association National Conference Pre-Conference Learning Institute, American Counseling Association, Atlanta, GA, April 25 (**Featured speaker**, 3 hours, cancelled)

2017 *Have You Gone Gray? Making the Case for Gerontological Counseling*

* Bridging the Gap Symposium: Eliminating Mental Health Disparities, NBCC Foundation, Atlanta, GA, May 25 (1 hour)

2017 *Peers Reaching Out: The Critical Role of Students in Campus Suicide Prevention*

* Creating a Culture of Care Conference, Ohio Program for Campus Safety and Mental Health, Columbus, Ohio, May 23 (**Featured speaker**, 1 hour)

2017 *Promoting Mental Health and Wellness in Later Life*

* Hospice of North Central Ohio Continuing Education Offering, Ashland, Ohio, April 28 (**Continuing education presenter**, 2.5 hours)

2016 *Tips for Going Gray: Skills and Perspectives for Counseling Older Adults*

* Ashland Theological Seminary Continuing Education Offering, Columbus, Ohio, December 2 (**Continuing education presenter**, 3 hours)

2016 *Developing a Comprehensive Campus Suicide Prevention Program*

* Mentalhealthscreening.org, webinar, October 5 (**Featured speaker**, 1 hour)

2016 *Aging and Whole Person Wellness*

* Westlake Health Fair Continuing Education Offering, Westlake, Ohio, September 22 (**Featured speaker**, 1.5 hours)

2016 Panelist for *Suicide Prevention and the College Campus: A Community Conversation Summit*

* Ohio Department of Mental Health and Addiction Services, Columbus, Ohio, August 11 (**Panelist**, 2 hours)

2016 *Legislative Advocacy Expert Panel*

* Ohio Counseling Association Legislative Advocacy Day, Columbus, Ohio, April 12 (**Panelist**, 1 hour)

2015 *Suicide: Prevention, Assessment, and Treatment*

* Paint Valley ADAMH Board Crisis Intervention Team training, Chillicothe, Ohio, May 13 (**Continuing education presenter**, 2 hours)

2015 *Suicide: Prevention, Assessment, and Treatment*

* Butler County Educational Service Center, Middletown, Ohio, January 6 (**Continuing education co-presenter**, 4.5 hours)

2011 *Preventing Childhood Sexual Abuse*

* Heart to Honduras, Honduras, January (**Featured speaker**, 1 hour)

**FELLOWSHIPS & GRANTS**

**Grants**

* 2019 (*Funded*)*. Identifying Next Practices for Older Adult Engagement in Wellness Practices. Funded by Mather Lifeways*.

Amount: $49,996 Role: Principal Investigator

* 2019 (*Funded*)*. Investigating the impact of the Medicare mental health coverage gap on rural communities.* Funded by Virginia Tech Institute for Society, Culture, and Environment.

Amount: $30,000 Role: Principal Investigator

* 2018 (*Funded)*. *Double blind randomized control trial on the effect of evidence-based suicide intervention training on the home-delivered and congregate nutrition program through the Atlanta Regional Commission.* Funded by U.S. Department of Health & Human Services (Administration for Community Living).

Amount: $699,362 Role: Co-Investigator ($75,932 sub-award)

* 2018 (*Not funded*). *Using perceptions of aging and whole-person wellness to predict work engagement among senior care employees.* Application submitted to Mather Lifeways Institute on Aging.

Amount: $99,956 Role: Principal Investigator

* 2018 (*Funded*). *Expanding older adults’ access to mental health services via policy and practice changes.* Funded by Virginia Tech Institute for Society, Culture and Environment.

Amount: $3,450 Role: Principal Investigator

* 2016 (*Not funded*). *Garrett Lee Smith Campus Suicide Prevention Grant.* Application submitted to SAMHSA in partnership with OSU regional campuses.

Amount: $306,000 Role: Project Manager/Co-Developer

* 2016 (*Funded*). *Using a Wellness Framework to Predict Internalized Ageism in Older Adults Living Independently in Senior Housing Communities*. Awarded by the Association for Adult Development and Aging (AADA) Evelyn Chasan Research Grant, 2016 to support dissertation research.

Amount: $500 Role: Principal Investigator

* 2016 (*Funded*). *Using a Wellness Framework to Predict Internalized Ageism in Older Adults Living Independently in Senior Housing Communities*. Awarded by The Ohio State University Department of Educational Studies, Research Grant, 2016 to support dissertation research.

Amount: $500 Role: Principal Investigator

* 2015 (*Not funded*). *REACH University-Based Suicide Prevention Commercialization.* Application submitted to The Ohio State University Technology Commercialization Office.

Amount: $50,000 Role: Project Manager/Co-Developer

* 2015 (*Funded*). *Aging Well: Promoting Resilience and Wellness in Older Adults*. Awarded by the Association for Adult Development and Aging (AADA) Research Grant, 2015.

Amount: $500 Role: Principal Investigator

* 2014 (*Funded*). *Aging Well: Promoting Resilience and Wellness in Older Adults.* Selected as Columbus-Athens Schweitzer Fellow, The Albert Schweitzer Fellowship, 2014-2015 to develop and implement original service and research with staff and older adult clients.

Amount: $3,000 Role: Principal Investigator

**Funding for Travel to Present Original Research**

2018 Faculty Mentoring Award from Virginia Tech to present research at the Gerontological Society of American national conference in Boston, Massachusetts. Amount: $1,500

2016 Ray Travel Award from The Ohio State University Graduate School to present research at the Association for Adult Development and Aging national conference in New York, NY. Amount: $1,000

2015 Career Development Grant from The Ohio State University to present research at the Association for Counselor Education and Supervision national conference in Philadelphia, PA. Amount: $350

2015 Ray Travel Award from The Ohio State University Graduate School to present research at the American Counseling Association national conference in Orlando, FL. Amount: $750

2015 American Society of Aging - Southwest Airlines scholarship to present research at the American Society of Aging national conference. Estimated amount: $150

2014 Travel Grant from The Ohio State University Department of Educational Studies to present research at the Association for Counselor Education and Supervision national conference in Philadelphia, PA. Amount: $350

2014 Travel Grant from The Ohio State University Counselor Education department to present research at the Association for Adult Development and Aging national conference in Washington, DC. Amount: $500

2014 Travel Grant from The Ohio State University College of Education and Human Ecology to present research at the Association for Adult Development and Aging national conference in Washington, DC. Amount: $250

**PEER REVIEWED PRESENTATIONS (N=65)**

\*Denotes student co-author

**International/National (N=38)**

2019 Examining the impact of current Medicare policy on providers experiences of mental health treatment delivery. National Council for Family Relations conference, Fort Worth, Texas.  \*Morgan, A. A.,**Fullen, M. C.**, \*Wiley, J. D. (November).

2019 *The Current State of Gerontological Counseling Research: A Content Analysis*. Association for Counselor Education and Supervision, Seattle, WA. **Fullen, M.C.**, Gorby, S., Chan, C., Dobmeier, R., & \*Jordan, J. (October)

2019 *Medicare Reimbursement for Counselors: The Results of a National Study on Medicare Advocacy*. Association for Counselor Education and Supervision, Seattle, WA. **Fullen, M.C.**, Lawson, G., & \*Sharma, J. (October)

2019 *A Community-Based Framework for Preventing Older Adult Suicide*. Association for Adult Development and Aging, Chicago, IL. Mize, M.C. & **Fullen, M.C.**, (August)

2019 *Wellness Counseling for Older Adults: From Theory to Practice*. Association for Adult Development and Aging, Chicago, IL. Clarke, P.B., & **Fullen, M.C.**, (August)

2019 *The Current State of Gerontological Counseling Research: A Content Analysis*. Association for Adult Development and Aging, Chicago, IL. **Fullen, M.C.**, Gorby, S., Chan, C., Dobmeier, R., & \*Jordan, J. (August)

2019 *Medicare Reimbursement for Counselors: The Results of a National Study on Medicare Advocacy*. Association for Adult Development and Aging, Chicago, IL. **Fullen, M.C.**, Lawson, G., & \*Sharma, J. (August)

2019 *Medicare & Mental Health: A Qualitative Analysis of Mental Health Counselors' Barriers to Providing Services*. American Mental Health Counselors Association, Washington, D.C. \*Morgan, A., **Fullen, M.C.**, & \*Wiley, J. (June)

2019 *AgeWell Initiative: Wellness-Focused Research, Training, and Advocacy for Counseling Older Adults*. American Counseling Association, New Orleans, LA. \*Jordan, J., **Fullen, M.C.**, & \*Sharma, J. (March).

2019 *Counseling Older Adults Affected by Opioid Use*. American Counseling Association, New Orleans, LA. \*Jordan, J. & **Fullen, M.C.** (March).

2019 *Counselor and Client Advocacy: 10 Practical Tips for Busy Counselors*. American Counseling Association, New Orleans, LA. Kress, V., Long, J., & **Fullen, M.C.** (March).

2018 *Aging Well: Using a Multidimensional Wellness Framework to Guide Clinical Interventions for Older Adults*. Gerontological Society of America, Boston, MA. **Fullen, M.C.** & Zechner, M. (November 15).

2018 *Comparing Successful Aging, Resilience, and Holistic Wellness as Predictors of the Good Life*. Gerontological Society of America, Boston, MA. **Fullen, M.C.** & Richardson, V. (November 14).

2018 *Order Effects When Measuring Age Perception: Implications for Aging Research in Counselor Education*. Association for Assessment and Research in Counseling, Richmond, VA. **Fullen, M.C.** (September 7).

2018 *AgeWell: A Developing Program for Community-Engaging Counseling, Supervision, and Research with Older Adults*. Association for Adult Development and Aging, Arlington, VA. **Fullen, M.C., \***Jordan, J., & \*Gowen, N. (July 20-21).

2018 *Older Adults and the Opioid Epidemic: Considerations for Counselors*. Association for Adult Development and Aging, Arlington, VA. \*Jordan, J. & **Fullen, M.C.** (July 20-21).

2018 *Developing a Career in Gerontological Counseling*. American Counseling Association, Atlanta, GA. **Fullen, M.C.** (April 28)

2017 *“Gray Hair is a Crown of Glory”: An Empirical Analysis of Wellness, Resilience, and Ageism*. Association for Counselor Education & Supervision, Chicago, IL. **Fullen, M.C.** (October 7).

2017 *Resisting Ageism in Counselor Education*. Association for Counselor Education & Supervision, Chicago, IL. **Fullen, M.C.** & Bodenhorn, N. (October 5).

2017 *Self-Care and Resilience throughout the Lifespan*. Association for Adult Development and Aging National Conference, New York, NY. Randolph, A., **Fullen, M.C.**, Hermann, K. (July 14).

2017 *A Multivariate Analysis of Wellness, Resilience, and Internalized Ageism in Older Adulthood*. Association for Adult Development and Aging National Conference, New York, NY. **Fullen, M.C.**  (July 14).

2017 *Using a Positive Psychology of Aging to Enhance Gerontological Counseling*. American Counseling Association National Conference, San Francisco, CA. **Fullen, M.C.**, & Gorby, S. (March 17).

2017 *Developing Comprehensive Campus Suicide Prevention at Your University*. American Counseling Association National Conference, San Franciso, CA. **Fullen, M.C.**, Lammy, K.M. & Garcia, G. (March 17).

2016 *The Detrimental Effects of Ageism on Older Adults*. Association for Adult Development and Aging National Conference, New York, NY. **Fullen, M.C.** (July 14-15).

2016 *Age as a Social Identity: A Critical Inquiry in Intersectionality*. Association for Adult Development and Aging National Conference, New York, NY. Chan, C.D., Manchester, C.M., Emmanuel, D., **Fullen, M.C.**, & Christensen, T. (July 14-15).

2016 *Discovering the Key to Your Career in Gerontological Counseling*. Association for Adult Development and Aging National Conference, New York, NY. Christensen, T., **Fullen, M.C.**, & Chan, C.D. (July 14-15).

2016 *Adults Need to Use Medicare for Mental Health Counseling: Counselor Advocacy.* American Counseling Association National Conference, Montreal, Canada. Dobmeier, R.A., & **Fullen, M. C.** (April 2).

2016 *Tips for Going Gray: Practical Skills for Counseling Older Adults*. American Counseling Association National Conference, Montreal, Canada. **Fullen, M. C.**, & Gorby, S. (April 1).

2016 *Caring Connecting: Peer-Led Suicide Prevention and Mental Health Awareness Initiatives.* Depression on College Campuses Conference, Ann Arbor, MI. **Fullen, M.C.**, Lammy, M., Coriell, C., & Higginbotham, K. (March 9).

2015 *Leadership in Counselor Education: An Individualized Learning Contract Approach to Leadership Development*. Association for Counselor Education and Supervision (ACES) National Conference, Philadelphia, PA. Potter, C., Granello, D., Gorby, S., Longo, L., **Fullen, M.C.**, & Dogan, S. (October 10).

2015 *Medicare Advocacy: An ACES Imperative*. Association for Counselor Education and Supervision (ACES) National Conference, Philadelphia, PA. **Fullen, M.C.** (October 9).

2015 *Have You Gone Gray? Integrating Gerocounseling within Counselor Education*. Association for Counselor Education and Supervision (ACES) National Conference, Philadelphia, PA. **Fullen, M.C.** (October 8).

2015 *Promoting Resilience in Marginalized Adults.* Association for Humanistic Counseling (AHC) National Conference, Cleveland, OH. **Fullen, M. C.**, Gorby, S., & Cutshall, J. (June 5).

2015 *Meaning and Purpose: Increasing Wellness and the Mental Health of Aging Adults in a Care Facility.* Association for Humanistic Counseling (AHC) National Conference, Cleveland, OH. Gorby, S. & **Fullen, M.C.** (June 5).

2015 *Promoting Positive Mental Health & Wellness in Older Adults*. American Society of Aging, Aging in America National Conference, Chicago, IL. **Fullen, M C.**, Rosowsky, E., & Weber, R., (March 23).

2015 *Have You Gone Gray? Making the Case for Gerocounseling*. American Counseling Association National Conference, Orlando, FL. **Fullen, M.C.** (March 13).

2015 *Transforming Students into Counselor-Advocates: How Advocacy Efforts Promote Students' Professional Identity*. American Counseling Association National Conference, Orlando, FL. **Fullen, M.C.** (March 15).

2014 *Medicare, Mental Health, and the Graying of America*. Association for Adult Development and Aging (AADA) National Conference, Washington, D.C. **Fullen, M.C.** (July 25).

2014 *Aging Well: Counseling Older Adults Using a Wellness Paradigm.* Association for Adult Development and Aging (AADA) National Conference, Washington, D.C. **Fullen, M.C.** (July 25).

**State & Regional (N=27)**

2018 *Utilizing Bowenian Family Therapy with Families Comprising of Aging Adults.* Virginia Counselor Association (VCA), Norfolk, VA. Avadhanam, R., & **Fullen, M.C.** (November 8-10).

2018 ***Equity for Older Adults: Developing the AgeWell Initiative at a CACREP-Accredited Institution*. Southern** Association for Counselor Education & Supervision, Myrtle Beach, SC. **Fullen, M.C.** & \*Sharma, J. (October 11-13)

**2018 *Coming of Age in Counselor Education: How Age Perception Impacts Counselor and Client Wellness*. Southern** Association for Counselor Education & Supervision, Myrtle Beach, SC. **Fullen, M.C.** & Bailey, S. (October 11-13)

2017 *Have You Gone Gray? Making the Case for Gerontological Counseling.* Virginia Counselor Association (VCA), Hot Springs, VA. **Fullen, M.C.** (November 9).

2017 *Professional Counselors and Interprofessional Collaboration: Building Communities to Care for the Whole Person*.Ohio Association of Gerontology and Education (OAGE), Toledo, Ohio. Gorby, S.R. & **Fullen, M.C.** (April 21).

2016 *Tips for Going Gray: Skills and Perspectives for Counseling Older Adults.* All-Ohio Counselors Conference (AOCC), Columbus, Ohio. **Fullen, M.C.** (November 3).

2016 *Intimate Partner Violence Across the Lifespan: Best Practices for Assessment and Treatment*. All-Ohio Counselors Conference (AOCC), Columbus, Ohio. Longo, L., Cutshall, J. & **Fullen, M.C.** (November 3).

2016 *Resilient Aging: Pilot Evaluation of a Program to Promote Resilience in Older Adults.* Ohio Association of Gerontology and Education (OAGE), Youngstown, Ohio. **Fullen, M.C.** & Gorby, S.R. (April 15).

2016 *Preventing Suicide through Campus Leadership & Professional Advocacy*. Ohio Association of Counselor Education and Supervision (OACES), Columbus, Ohio. **Fullen, M. C.**, Granello, D.H., & Lammy, K.M. (April 8).

2016 *Using Created Metaphor to Enhance Counselor Trainee Self-Efficacy: Preliminary Findings*. Ohio Association of Counselor Education and Supervision (OACES), Columbus, Ohio. Predragovich, K., & **Fullen, M.C.** (April 8).

2015 *Have You Gone Gray? Making the Case for Gerocounseling*. All-Ohio Counselors Conference (AOCC), Columbus, Ohio. **Fullen, M.C.** (November 5).

2015 *Queer Aging:  Providing Treatment to Gay Men and Lesbians in Mid- to Late-Life*. All-Ohio Counselors Conference (AOCC), Columbus, Ohio. Clevenger, A. & **Fullen, M.C.** (November 5).

2015 *Understanding and Preventing Older Adult Suicide*. Ohio Association of Gerontology and Education (OAGE), Bowling Green, Ohio. **Fullen, M.C.** & Richardson, V. (April 24).

2015 *Generational Intelligence Applied in Educator and Counselor Preparation*. Ohio Association of Gerontology and Education (OAGE), Bowling Green, Ohio. Tran, V. & **Fullen, M.C.** (April 24).

2015 *Using the Theory of Generational Intelligence to Enhance Multicultural Competence in Counselor Education and Supervision.* Ohio Association of Counselor Education and Supervision (OACES), Columbus, Ohio. **Fullen, M.C.** & Tran, V. (April 17).

2015 *Putting It All Together: How Integrated Learning Enhances Counselor Educator Professional Identity.* Ohio Association of Counselor Education and Supervision (OACES), Columbus, Ohio. Gorby, S. & **Fullen, M.C.** (April 17).

2015 *Meeting the Old with the New: Identity Conflicts Amongst Newly Licensed Doctoral Students.* Ohio Association of Counselor Education and Supervision (OACES), Columbus, Ohio. Longo, L., Cutshall, J., & **Fullen, M.C.** (April 17).

2015 *Aging Well: Resilience and Wellness in Aging*. The Ohio State University College of Education and Human Ecology Student Research Forum, Columbus, OH. **Fullen, M.C.** & Gorby, S. (January 29).

2015 *Understanding Meaning and Purpose in Aging Adults*. The Ohio State University College of Education and Human Ecology Student Research Forum, Columbus, OH. Gorby, S. & **Fullen, M.C.** (January 29).

2015 *Resilience, Mindsets, and Strengths: Facilitating Belonging with Wellness Coaching*. Focusing on the First Year Conference, Columbus, OH. Gibbs, T., **Fullen, M. C.**, & Larcus, J. (January 27).

2014 *The Power of Peers in Campus Suicide Prevention*. NASPA Region IV-E Regional Conference, Columbus, OH. **Fullen, M.C.** & Predragovich, K. (November 3).

2014 *Imagine Students Thriving: Using Positive Psychology to Empower Students through Wellness Coaching*. NASPA Region IV-E Regional Conference, Columbus, OH. Gibbs, T. & **Fullen, M.C.** (November 3).

2014 *Have You Gone Gray? Making the Case for Gerontological Counseling*. North Central Association of Counselor Education and Supervision (NCACES) Regional Conference, St. Louis, MO. **Fullen, M.C.** (October 16)

2014 *Promoting Cognitive Development in Emerging Supervisors.* Ohio Association for Counselor Education and Supervision (OACES), Columbus, Ohio. Granello, D.H. & **Fullen, M.C.** (April 11).

2014 *Using Strengths-Based Counseling to Promote Wellness and Resilience*. Ohio Association of Gerontology and Education (OAGE), Dayton, Ohio. **Fullen, M.C.** (March 28).

2013 *Tips for “Going Gray”: Practical Skills for Counseling Older Adults.* All-Ohio Counselors Conference (AOCC), Columbus, Ohio. **Fullen, M.C.** (November 9).

2012 *Have You Gone Gray? Making the Case for Gerontological Counseling*. All-Ohio Counselors Conference (AOCC), Columbus, Ohio. **Fullen, M.C.** & Reuschling, M. (November 1).

**NATIONAL INVITED PRESENTATIONS AFFILIATED WITH BOARD MEMBERSHIP (N=5)**

2019 *Older Adults and the Counseling Profession: Insights and Initiatives from the AADA Older Adults Task Force*. American Counseling Association, New Orleans, LA. \*Mize, M.C., Chan, C.D., Clarke, P.B., **Fullen, M.C.**, & Neal, C. (March).

2018 *Building Community Collaboration through External Funding: A Focus on Older Adults and Aging*. American Counseling Association, Atlanta, GA. Chan, C., **Fullen, M.C.**, & Daire, A. (April 27)

2017 *The Long and Winding Road: A Critical Evaluation of Aging and Intersectionality*. American Counseling Association National Conference, San Francisco, CA. **Fullen, M.C.**,Chan, C.D., Christensen, T., Emmanuel, D., Hermann, K.M. & Manchester, C.M. (March 19).

2016 *The Development and Implementation of the AADA Older Adults Task Force: Plenary Session.* Association for Adult Development and Aging National Conference, New York, NY. **Fullen, M.C.**, Chan, C.D. Randolph, A., Christensen, T., Clarke, P., Dobmeier, R., Gorby, S., & Joynt, D. (July 14-15).

2016 *From Surviving to Thriving: How Older Adults Use Resilience To Navigate Adversity in Later Life.* American Counseling Association National Conference, Montreal, Canada. Kepicova, M., Dobmeier, R.A., & **Fullen, M. C.** (April 1).

**UNIVERSITY-BASED PRESENTATIONS**

*“REACH Suicide Gatekeeper Training*”

*These are trainings that certify members of The Ohio State University community as suicide prevention gatekeepers.*

Student Wellness Center staff. October, 2013.

Minority Psychology Student Association. November, 2013.

Buckeye Campaign Against Suicide. November, 2013.

STEP Program. February, 2014.

First Year Success Series. February, 2014.

STEP Program. February, 2014.

Student Wellness Center Wellness Ambassadors. February, 2014.

Health Sciences Scholars. February, 2014.

Student Athlete Peer Educators. February, 2014.

Student Wellness Center STI staff. February, 2014.

STEP Program. March, 2014 (multiple dates).

STEP Program. April, 2014.

Student Wellness Center Wellness Coach Trainees. August, 2014.

Peers REACHing Out. September, 2014.

Sociology of Death and Dying course. September, 2014.

Delta Omega Kappa. March, 2015.

Wuhan University (China) Staff Exchange Program. April, 2015.

First Year Success Series. September-October, 2015 (multiple dates).

Mansfield Campus students, staff, & faculty. September, 2015.

Women in Engineering. October, 2015.

Athletic Training Staff. February, 2016.

Honors and Scholars Semester of Service. February, 2016.

OSU Health Plan. June, 2016.

OSU Health Plan. July, 2016.

College of Veterinary Medicine. July, 2016.

College of Veterinary Medicine. August, 2016.

Department of Psychology. September, 2016.

Ohio State Wooster students, staff, & faculty. September, 2016.

OSU Psychiatry Interest Group. November, 2016.

OSU Extension Conference. December, 2016.

Wooster Campus Administrative Cabinet. December, 2016.

Council of Graduate Students. December, 2016.

Athletic Department Coaches. December, 2016.

Wooster Campus Staff. January, 2017.

Athletic Department Football Staff. January, 2017.

OSU Wexner Medical Center, Chaplaincy Students. February, 2017.

Off-Campus and Commuter Student Services, Landlord Roundtable. March, 2017.

“No Buckeye Should Be Blue” Trainings to introduce mental health topics and resources to first-year students at The Ohio State University.

First Year Success Series. September, 2014 (multiple dates).

“Mental Health Matters Week” Invited to participate on panel of mental health professionals at The Ohio State University.

Mental Health Matters Week. April 20, 2016.

**MEDIA INTERVIEWS**

2018 “Building client and counselor resilience,” *Counseling Today*. December 26.

2017 “Changing the conversation about aging,” *Counseling Today*. October 25.

2017 “Teen Suicide in the Media,” WOSU Public Media’s All Sides with Ann Fisher. May 3. [http://radio.wosu.org/post/teen-suicide-media#stream/0](http://radio.wosu.org/post/teen-suicide-media%23stream/0)

2016 “Trump and Clinton Face-Off on Eldercare: Whose Policies are Better?” TheStreet.com. October 11. <https://www.thestreet.com/story/13837850/1/trump-and-clinton-face-off-on-eldercare-whose-policies-are-better.html>

2015 “Tackling Mental Health on Campus,” HuffPost Live. Provided live online television interview as part of panel discussion about mental health and suicide prevention. September 25.

2015 “Shedding stigma to stop suicides on college campuses,” CNN.com. Provided interview for CNN article on college student mental health and suicide prevention. September 10. <https://www.cnn.com/2015/09/09/health/suicide-prevention-college-campus/index.html>

2015 “Ohio State doctoral student pioneers study on resilience with National Church Residences,” Nationalchurchresidencesblog.com. Provided interview about resilience in older adulthood research that I developed with a colleague. June 23. <https://nationalchurchresidences.blog/2015/06/23/ohio-state-doctoral-student-pioneers-study-on-resilience-with-national-church-residences/>

2015 “Teaching resilience in the face of aging in Columbus,” The Albert Schweitzer Foundation blog. Provided interview about fellowship project that included resilience and wellness program for adult day center staff and clients. May 14. <http://www.schweitzerfellowship.org/news/aging-in-columbus/>

2015 “Elephants in the Room,” Junior Committee, Alzheimer’s Association, Central Ohio Chapter. Provided interview about mental health and suicide prevention for documentary. <http://alzcbusjc.org/get-involved/documentary/>

**TEACHING & SUPERVISION EXPERIENCE:**

**Virginia Tech (CACREP-accredited) Aug 2017-Present**

Blacksburg, VA

***Assistant Professor of Counselor Education***

***Affiliate Faculty, Virginia Tech Center for Gerontology***

*Courses taught:*

EDCO5604 Systems Counseling (Fall 2018)

(student evaluations: *M* = **5.92**/6.00; College *M* = 5.31; *SD* = 1.09)

EDCO5424 Life Span Development (Fall 2018)

(student evaluations: *M* = **5.90**/6.00; College *M* = 5.31; *SD* = 1.09)

EDCO5374 Clinical Mental Health Counseling (Summer 2018)

(student evaluations: *M* = **6.00**/6.00; College *M* = 5.38; *SD* = 1.05)

EDCO6984 Researcher Development in Counselor Education (Spring 2018)

(student evaluations: *M* = **6.00**/6.00; College *M* = 5.29; *SD* = 1.07)

EDCO5604 Systems Counseling (Fall 2017)

(student evaluations: *M* = **5.92**/6.00; College *M* = 5.45; *SD* = 0.89 )

EDCO5424 Life Span Development (Fall 2017)

(student evaluations: *M* = **5.67**/6.00; College *M* = 5.45; *SD* = 0.89)

**Ashland Theological Seminary (CACREP-accredited) Jan 2011-Dec 2016**

Ashland, OH/Columbus, OH

***Adjunct Instructor***

*Courses taught:*

Group Dynamics, *Group Leader* (Fall 2016)

Treatment Planning & Practices, *Lecturer* (Fall 2015)

Abnormal Psychology, *Lecturer* (Winter 2013)

Abnormal Psychology, *Co-Lecturer* (Winter 2012)

Abnormal Psychology, *Graduate Assistant* (Winter 2010)

Abnormal Psychology, *Graduate Assistant* (Winter 2009)

Counseling Techniques Lab, *Lab facilitator* (Winter 2013)

Counseling Techniques Lab, *Lab facilitator* (Winter 2012)

Counseling Techniques Lab, *Lab facilitator* (Winter 2011)

**The Ohio State University (CACREP-accredited) Aug 2013-Dec 2014**

Columbus, OH

***Doctoral Teaching Assistant***

*Provided guest lectures in the following courses:*

Lifespan Career Development and Counseling (Fall 2014)

Counseling Across the Lifespan (Fall 2014)

Psychopathology, Trauma, and Crisis Counseling (Fall 2013)

**Counselor Supervision Provided:**

**Practicum in Counseling (The Ohio State University) (CACREP-accredited program)**

*Site supervisor*: Spring 2015

Note: Developed and implemented practicum site to provide mental health services within an adult day health center in Columbus, Ohio. Coordinated site through collaboration with Center for Senior Health and counseling department faculty at The Ohio State University. Provided site supervision to two graduate counseling students completing first practicum.

*Doctoral supervisor*: Spring 2014

**Internship in Counseling (The Ohio State University) (CACREP-accredited program)**

*Doctoral supervisor*: Fall 2013

**Additional Graduate Courses Taught:**

**Fundamentals of Christian Theology (Ashland University/Ashland Seminary) (CACREP-accredited program)**

*Lecturer:* Fall 2016 (Course evaluations available upon request)

*Lecturer:* Summer 2016 (Course evaluations available upon request)

*Lecturer*:Fall 2015 (Course evaluations available upon request)

**Health and Chronic Illness (Ashland University/Ashland Seminary)**

*Co-lecturer*: Winter 2013

**Counseling the Dying and Grieving (Ashland University/Ashland Seminary)**

*Co-lecturer*: Winter 2013

**Introduction to Theological Education (Ashland University/Ashland Seminary** (Distance Learning)

*Course facilitator:* Summer 2012

*Course facilitator:* Fall 2011

**Additional Undergraduate Courses Taught:**

**Introduction to Psychology (Ashland University)** (Distance Learning)

This program consists of students who are currently incarcerated and completing certificate programs through Ashland University’s Outreach program.

*Instructor*: Spring 2015

*Instructor*: Spring 2014

*Instructor*: Fall 2013

*Instructor*: Spring 2013

**Introduction to Psychology (Ashland University – Richland Correctional Institution)**

This program consists of students who are currently incarcerated and completing certificate programs through Ashland University’s Outreach program.

*Instructor*: Spring 2012

**CLINICAL & ADMINISTRATIVE EXPERIENCE**

**Program Manager**

*The Ohio State University Suicide Prevention Program*, Columbus, OH Aug 2015-Aug 2017

* Led a campus-based suicide prevention program that delivers comprehensive suicide prevention and education resources to a campus community of over 100,000 people
* Implemented strategic plan that encompasses state and national leadership, educational trainings, research, mental health advocacy, student development, and program marketing
* Coordinated the delivery of over 100 suicide prevention gatekeeper trainings annually that include nearly 2,300 students, staff, and faculty members of the campus community
* Provided media interviews upon request regarding campus suicide prevention initiatives (including CNN & HuffPost Live)
* Served on State of Ohio suicide prevention workgroup in response to House Bill 28 legislation
* Developed strategic partnerships with a broad range of campus partners
* Supervised six staff and interns consisting of graduate and undergraduate students
* Prepared quarterly reports and convene quarterly meetings of advisory board
* Administered an annual budget of $150,000

**Columbus-Athens Schweitzer Fellow/Fellow for Life**

*The Albert Schweitzer Fellowship*, Columbus, OH/Boston, MA May 2014-2016

* Created a comprehensive program to promote the mental health and resilience of underserved older adults and the staff of an adult day health center
* Developed and implemented research protocol and intervention intended to increase the psychological resilience of older adult participants
* Collected and analyzed quantitative and qualitative data to measure the impact of intervention
* Secured additional research funding from external source to enhance implementation of project
* Coordinated strategies to promote mental health and well-being of staff and clients at Center for Senior Health adult day health center
* Selected and integrated multiple graduate students to support development and implementation of comprehensive mental health services at adult day health center
* Supervised graduate students completing their initial practicum in counseling

**Graduate Administrative Associate**

*The Ohio State University Suicide Prevention*, Columbus, OH August 2013-May 2015

* Delivered suicide prevention gatekeeper trainings to various members of the campus community
* Developed mental health advocacy program, *Peers REACHing Out*, that enlists undergraduate and graduate students to deliver suicide prevention trainings to their peers in a manner that is effective and evidence-based
* Provided management support to a campus-based suicide prevention program that delivers comprehensive suicide prevention and education resources to a campus community of over 100,000 people

**Graduate Administrative Associate/Wellness Coach**

*The Ohio State University Student Wellness Center*, Columbus, OH August 2014-May 2015

**Licensed Professional Counselor (LPC)**

*Community Behavioral Health Center*, Beachwood, OH February 2011-August 2013

**Licensed Professional Counselor (LPC)**

*Ontario Counseling Center*, Mansfield, Ohio August 2010-August 2012

**Graduate Teaching Assistant** October 2008-June 2010  
*Ashland University/Ashland Theological Seminary*, Ashland, Ohio

**Counselor Trainee** January 2009-March 2010

*Smetzer Counseling Center*, Ashland, Ohio

**SERVICE & LEADERSHIP**

**Professional Service**

*Journal of Counseling & Development* (July 1, 2018-June 30, 2021)

* Editorial review board member for the *Journal of Counseling & Development*, the flagship journal of the American Counseling Association

*Adultspan Journal* (2016-Present)

* Editorial review board member for *Adultspan Journal*, official journal publication of AADA, a division of the American Counseling Association

*Current Psychology* (2017-2018)

* Ad hoc reviewer

*Aging & Mental Health* (2018-Present)

* Ad hoc reviewer

*The International Journal of Aging and Human Development* (2018 – Present)

* Ad hoc reviewer

American Counseling Association

* Member, ACA Public Policy & Legislation Committee (2017-2020)
* Program reviewer for 2017 American Counseling Association International Conference (San Francisco, CA)
* Program reviewer for 2016 American Counseling Association International Conference (Montreal, Canada)

Association for Adult Development and Aging (AADA)

* Chair, Older Adults Task Force (2018-Present)
* Elected Board Member (Member-At-Large, Membership) (2018-2020)
* Elected Board Member (Secretary) (2016-2018)
* Representative to ACA Professional Advocacy Taskforce Medicare Subcommittee
* Newsletter Editor, Association for Adult Development and Aging, a division of the American Counseling Association (2014-2016)
* Inaugural Member, AADA Older Adults Task Force
* Chair, AADA Older Adults Task Force Advocacy Subcommittee
* Member, AADA Strategic Planning Committee
* Program reviewer for Adult Development and Aging Conferences (2016, 2018)
* Day on the Hill, National Legislative Advocacy Event (2014)

Chi Sigma Iota (CSI)

* Chapter Faculty Advisor, Tau Eta Kappa Chapter (2018-Present)
* Wellness Practice and Research Committee (2017-Present)

Ohio Counseling Association

* Chair of Government Relations Committee (2016-2017)
* Member of Legislative Advocacy Day Planning Committee (2015-2016)
* Member of Government Relations Committee (2014-2017)

Ohio Department of Mental Health and Addiction Services

* Member of OhioMHAS Suicide Prevention Evidence Based Practices Workgroup (2016-2017)

Association for Counselor Education and Supervision (ACES) Regional & State Divisions

* 2014 North Central ACES Conference, Student Volunteer
* 2014 Ohio ACES, Conference planning and implementation

**University Service**

Service to College of Liberal Arts & Human Sciences, Virginia Tech

* Member, Scholarship Review Committee (2019)

Service to School of Education, Virginia Tech

* Member, Scholarship Review Committee (2018-2019)
* Member, Values, Expectations, and Evaluations Committee (2017-2018)
* Member, Counselor Education Search Committee (2017)

Service to Counselor Education Program, Virginia Tech

* Chair, Doctoral Admissions Committee (2018-19)
* Member, Chi Sigma Iota Wellness Workshop Committee (2018)
* Member, Admissions Committee Member (2018)

Departmental Service, The Ohio State University

* Counselor Education Admissions Committee (2015)
* Counselor Education Admissions Committee (2014)
* Undergraduate Research Forum, Graduate student judge (2014)

**Professional Memberships**

* American Counseling Association (2011-Present)
* Association for Adult Development and Aging (2011-Present)
* Association for Counselor Education and Supervision (2014-Present)
* Chi Sigma Iota, *Alpha Lambda* *Rho/Tau Eta Kappa* chapters (2014-Present)
* Virginia Counseling Association (August 2017-Present)
* Association for Assessment and Research in Counseling (June 2018 – Present)
* Ohio Counseling Association (2012-2018)
* Ohio Association of Counselor Education and Supervision (2014-2017)
* Ohio Association of Gerontology and Education (2014-2017)